



Lifestyle Design

Practical Tools for Balanced Living

Christine Eisner Hosts “Comfort Living Club”

An Online Livestreaming Gathering

No matter if you shop at Gucci or Goodwill, life today is not easy, but there are all sorts of possibilities for growth, happiness and positive change, and it doesn't have to be about money or “stuff.” It's about tailoring your surroundings and routines to fit you so completely, that you feel as comfortable as when you pull on that favorite pair of jeans!

Christine would like to invite you to be a part of Lifestyle Design's **Comfort Living Club**, an on-line series of interactive sessions. Participate from the comfort of your own home -- and at no cost. All that is needed is your computer and a phone (to call in any comments or questions). In other words, you can be in your pj's in front of a fire, at the kitchen table with a cup of tea, or taking a break from a late night at work -- whatever feels right for you.

One caveat: This is not about magical makeovers or creating perfection (whatever *that* might be...) We're talking about taking intentional steps toward a lifestyle that feels true and good to you and those who live with you. In her dealings with my Lifestyle Design clients and in her own life, Christine is convinced that doesn't take much to live better, and it doesn't have to cost you a cent.

- Comfort Living is about experiences, not appearances.
- Why can't our homes and our lives be as comfortable as our favorite pair of jeans?

You'll find recordings of past sessions on the Comfort Living Club page, so feel free to watch and discover a new way of thinking about, talking about – and creating quality of life. Christine will be your personal guide, bringing *Comfort Living* into your home *to* demystify the notion of “living well.” Allow her to bring a more balanced lifestyle within reach.

Here's what you'll experience:

- An interactive group experience personally-led by Christine. A small group of people will meet with her in person, along with on-line participants
- The opportunity to share and learn from group discussions and experiences of club members
- Accessible, practical tools along with ideas, examples and explanation on how to put them to use with ease and impact
- A whole new way of thinking and talking about how and where you live
- ... and who knows what else?!

Featured Guests:

Steve Nygren, Co-Founder of Serenbe, **Charles Brewer**, Founder of MindSpring and Founder of Glenwood Park and Las Catalinas in Costa Rica, **Dr. Kathleen Hall**, Founder of The Stress Institute and The Mindful Living Network, **Tony Conway**, A Legendary Event, **Robyn Spizman**, NYT Best-Selling Author and Gift Expert on NBC's Today Show, **Yacov Golan**, lighting Designer & Owner of C. Lighting, **Rawson and Nan Haverty**, Co-Founders of Serenbe; Rawson is EVP of Haverty's Furniture and Nan is an agent at Glennis Beacham, **Natalie Allen**, CNN anchor....

** If you want to be notified about shows, contact inquiries@comfortlivingbychristine.com.
Meanwhile check out Upcoming Events and the Media page for more Comfort Living!

Amazon's “#1 Top Reviewer” Gave *Comfort Living* 5-Stars, Along With Several Others