



COMFORT LIVING

A RE-BALANCING EXPERIENCE

With Christine Eisner

National Lifestyle Expert and Author of
*Comfort Living: A Back-to-Basics Guide
to a More Balanced Lifestyle*

**RE-THINK. RE-CREATE.
RE-ENERGIZE.**

**A Full Immersion Experience
April 14 - 17, 2011**

At The Old Edwards Inn and Spa
in Beautiful Highlands, NC

**Join Christine and discover how to create the
feeling of “home” – wherever you are!”**

Re-think your guidelines for living to emphasize
inner priorities and invite in positive experiences

Re-create living spaces and routines using
centers of energy, or “campfires.”

Discover how to use seemingly insignificant
elements to enrich daily living.

Introduce gentle shifts to your personal rhythm
to counterbalance the pace of modern life.

**Return home re-energized, with a new
vision for living and a plan for bringing
immediate and meaningful change into
the year ahead.**

MAKE THIS YOUR TIME.

Space is Limited. Reserve Now!

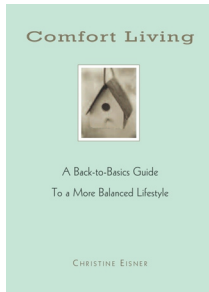
Call 828.787.2625 to book your experience or visit
www.oldedwardsinn.com/ComfortLivingRetreat

Comfort Living

A Re-Balancing Experience

Comfort Living is about experiences, not appearances. Taking an intuitive approach to design, Christine shows how to focus on the inner self to develop personal guidelines for living, instead of following an external set of rules.

In her critically-acclaimed book, *Comfort Living: A Back-to-Basics Guide to a More Balanced Lifestyle*, Christine introduces a totally new way of talking about and creating quality of life." As she puts it, "It's not about perfection, stuff -- or money. It's about how you feel."



Comfort Living Package

Join lifestyle expert and author Christine Eisner and discover how to make your home -- and your life as personal as your foot print and as comfortable as your favorite pair of jeans!

- Three Nights (April 14, 15 and 16)
- Deluxe Accommodations
- All Meals Except Where Noted on Itinerary
- Comfort Living Retreat Included
- Comfort Living Book, Journal and All Workshop Materials

Three-night package from \$1,650 per person

Rates are based on single/double occupancy and do not include taxes or gratuities. Add on a night for \$150.

For the full retreat itinerary, log onto
Oldedwardsinn.com/ComfortLivingRetreat.
Reservation deadline is March 27, 2011.

For more information on Christine Eisner
visit comfortlivingbychristine.com